

# CSHS SEA BREEZE CANTEEN

## FULL MENU

BREAKFAST			
Fresh Seasonal Fruit Cup	\$2.00	Ham & Cheese Toasted Sandwich	\$4.00
Muesli & Coconut Yoghurt Cup with Berries	\$4.00	Hashbrown	\$1.50
English Muffin	\$4.00	Breakfast Quesadilla	\$4.00
<i>Bacon, Egg, Cheese, Tomato Sauce</i>		<i>Bacon, Scrambled Egg, Cheese, BBQ Sauce</i>	
Mini Pancakes with Maple Syrup	\$2.00	Croissant – Ham & Cheese/Tomato & Cheese	\$4.50
SALADS		WRAPS & SANDWICHES & ROLLS	
Chicken Caesar Salad	\$7.50	Salad Wrap	\$5.50
<i>Chicken, bacon, parmesan, egg, croutons, caesar dressing</i>		<i>Lettuce, tomato, cucumber, carrot, cheese &amp; mayo</i>	
Garden Salad with Italian Dressing	\$5.50	Salad Wrap with Chicken/Ham/Tuna or Egg	\$6.00
<i>Lettuce, tomato, carrot, cucumber, grated cheese</i>		CCC Wrap – Crispy Chilli Chicken & Salad	\$6.00
Garden Salad with a protein	\$6.50	Chicken Caesar Salad Wrap	\$6.50
<i>Choose from Ham/Chicken/Egg/Tuna</i>		Falafel Wrap (V)	\$6.00
Sushi Bowl – Chicken or Tuna	\$6.00	Salad Roll	\$5.50
<i>White Rice, Lettuce, Cucumber, Avocado, Aioli, Sweet Soy Sauce</i>		<i>Lettuce, tomato, cucumber, carrot, cheese &amp; mayo</i>	
Falafel Bowl (V)(GF)	\$6.50	Salad Roll with Chicken or Ham	\$6.00
<i>Brown rice, quinoa, baby spinach, falafel, carrot, cucumber, sundried tomatoes, beetroot, hummus</i>		Assorted Sandwiches	From \$4.00
Poke Bowl (Teriyaki Chicken or Avocado)	\$6.50	<i>Fresh or Toasted</i>	
<i>Brown Rice, quinoa, edamame, wakame, carrot, cabbage, black sesame seeds, Japanese dressing &amp; aioli</i>			Add \$1.00 Gluten Free Bread
HOT SAVOURIES		BURGERS	
Potato Wedges (V)	\$4.50	Cheeseburger	\$5.00
Chicken Goujons	\$4.50	<i>Beef patty, cheese &amp; tomato sauce</i>	
Spinach & Cheese Roll (V)	\$4.80	BBC Burger	\$6.00
Beef Sausage Roll	\$4.50	<i>Beef patty, bacon, cheese &amp; bbq sauce</i>	
Beef Pie	\$5.00	Beef Burger Deluxe	\$8.00
Beef, Bacon & Cheese Pie	\$5.30	<i>Patty, bacon, cheese, lettuce, tomato, onion, pineapple, bbq sce</i>	
Pesto Pasta (V)	\$5.50	Chicken Burger	\$6.50
Croissant – Ham/Cheese or Tomato/Cheese	\$4.50	<i>Crumbed chicken, lettuce, cheese &amp; mayo</i>	
6" Pizza with Cheese	\$4.50	Hawaiian Chicken Burger	\$8.00
BBQ Chicken & Bacon	\$5.50	<i>Crumbed chicken, bacon, lettuce, cheese, pineapple &amp; mayo</i>	
Ham & Pineapple	\$5.50	Veggie Burger	\$7.00
Pepperoni	\$5.50	<i>Veggie patty, lettuce, tomato &amp; hummus</i>	
	Add \$1.00 Gluten Free Pizza (2 slices)	SNACKS	
Gluten Free Chicken Nuggets (5)	\$5.50	2 Minute Noodles (Chicken/Beef)	\$3.50
Vegetarian Bean Nachos (GF)(V)	\$6.00	Red Rock Deli Chips	\$2.00
<i>Tortilla chips, bean and tomato mix, cheese</i>		Popcorn	\$1.00
COLD DRINKS		Cheesy Garlic Bread (2nd break only)(V)	\$1.50
Water 600ml	\$2.00	Snack Packs	From \$3.00
Up & Go	\$3.00	Assorted Cakes	From \$2.50
Pump Water 750ml	\$4.00	Homemade Cupcake	\$1.50
Fruit Juice 400ml	\$4.00	Cookie	\$2.00
Glee Sparkling Juice	\$3.00	FROZEN TREATS	
Waterford's Flavoured Mineral Water	\$4.00	Maxibon	\$4.50
Powerade	\$4.50	Milo Cup	\$4.00
Lipton Iced Tea	\$4.20	Frozen Pineapple Hoops	\$0.50
Breaka Flavoured Milk 300 ml	\$3.00	Dixie Cups	\$2.00
Oak Flavoured Milk 600 ml	\$4.50	Icy Swing / Bulla Frozen Yoghurt	\$3.00
Ice Break Coffee 500ml - No Sugar	\$4.50	Frozen Juice Cups / Lemonade Icy Poles	\$1.50



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DAILY SPECIALS	
<b>MONDAY</b>	
<b>Penne Pasta Amatriciana</b>	\$6.50
<i>Penne pasta tossed in a tomato, bacon and chilli (mild) sauce, topped with cheese</i>	
<b>TUESDAY</b>	
<b>Fried Rice with Honey Chicken</b>	\$6.50
<i>Fried rice with egg, ham, vegetables, and honey chicken</i>	
<b>WEDNESDAY</b>	
<b>Mexican Beef &amp; Bean Nachos (gf)</b>	\$6.50
<i>Tortilla chips topped with a mexican beef and bean mix, and cheese</i>	
<b>THURSDAY</b>	
<b>Butter Chicken (gf)</b>	\$6.50
<i>Shredded chicken in a mild butter chicken sauce with vegetables served with rice</i>	
<b>FRIDAY</b>	
<b>Changes Weekly</b>	\$6.50

HOT DRINKS		
	8oz	12oz
Cappuccino, Flat White, Latte	\$4.00	\$4.50
Long Black	\$3.50	\$4.00
Short Black	\$3.50	
Hot Chocolate	\$4.00	\$4.50
Chai Latte	\$4.00	\$4.50
Tea		\$3.50
<i>Black, Peppermint, Lemon &amp; Ginger, Green</i>		
EXTRAS		\$0.50
Alternate Milks – Soy, Almond, Oat, Lactose Free		
Extra Shot		
Mocha		
BYO cup SAVE 50c		

**While we offer Gluten Free options, we are not a Gluten Free Kitchen. Cross contamination could occur, we are unable to guarantee that any items will be completely free of gluten.**

**ORDERING**

Students are encouraged to pre order before school at the Canteen or online to avoid the queues at both break times.

**ONLINE ORDERING**

<https://tuckshop.schoolshoponline.net.au>

**FORGOT TO PACK A LUNCH?**

IF YOU SET UP AN EWALLET AT

<https://tuckshop.schoolshoponline.net.au>

YOU CAN PURCHASE ITEMS OVER THE COUNTER USING FUNDS ON YOUR EWALLET ACCOUNT

TOP UP YOUR EWALLET ACCOUNT WITH A CREDIT CARD FOR ACCESS TO FUNDS STRAIGHT AWAY