



# SUNSHINE COAST SCHOOL SPORT REPRESENTATIVE PATHWAYS 2025

<https://sunshinesport.eq.edu.au>

Sunshine Coast School Sport provides you with pathways in the representative school sport program. This program is not part of the compulsory school curriculum. Therefore, to participate in this program, it is your responsibility to follow the nomination processes below. For more information regarding district and regional trials, please visit our regional website – [sunshinesport.eq.edu.au](https://sunshinesport.eq.edu.au).

## REGIONAL TRIAL FORMAT – ‘DISTRICT TEAMS’

The following sports require districts to conduct a district trial to select a district team prior to attending the regional trial.

Please note: Where a specific district does not offer a particular sport, they will provide an alternate representative school sport pathway through a nearby district. Please check your district trial schedule for further information.

SPORT	Age & Gender	SPORT	Age & Gender
<b>Australian Football</b>	<b>10-12 yrs Boys &amp; Girls</b>	<b>Rugby League</b>	<b>10-11 yrs</b>
Australian Football	13-15 yrs Boys & Girls	<b>Rugby League</b>	<b>11-12 yrs</b>
Australian Football	16-18 yrs Boys & Girls	<b>Rugby League</b>	<b>11-12 yrs Girls</b>
<b>Basketball</b>	<b>10-12 yrs Boys &amp; Girls</b>	Rugby League	14-15 yrs Boys
Basketball	13-16 yrs Boys & Girls	Rugby League	16-18 yrs Boys
Basketball	17-19 yrs Boys	<b>Rugby Union</b>	<b>11-12 yrs</b>
<b>Cricket</b>	<b>10-12 yrs Boys</b>	Rugby Union	14-15 yrs Boys
<b>Cross Country</b>	<b>10-19 yrs Boys &amp; Girls</b>	<b>Softball</b>	<b>10-12 yrs Boys &amp; Girls</b>
<b>Football</b>	<b>10-12 yrs Boys &amp; Girls</b>	Surfing	13-18 yrs Boys & Girls
Football	13-15 yrs Girls	<b>Swimming</b>	<b>10-19 yrs Boys &amp; Girls</b>
Football	13-15 yrs Boys	<b>Tennis</b>	<b>10-12 yrs Boys &amp; Girls</b>
Futsal	13-14 yrs Boys	<b>Touch</b>	<b>10-12 yrs Boys &amp; Girls</b>
Futsal	15-16 yrs Boys	Touch	13-15 yrs Boys & Girls
<b>Netball</b>	<b>10-11 yrs</b>	Touch	16-18 yrs Boys & Girls
<b>Netball</b>	<b>10-12 yrs Girls</b>	<b>Track &amp; Field</b>	<b>10-19 yrs Boys &amp; Girls</b>
Netball	13-15 yrs	Volleyball	13-15 yrs Boys & Girls
Netball	16-19 yrs	Volleyball	16-19 yrs Boys & Girls

### Nomination Process:

1. Students must register their interest with their School Sport Coordinator.
2. Students must collect the appropriate district paperwork from their School Sport Coordinator.
3. Students must follow their district process to register for the district trial.

## REGIONAL TRIAL FORMAT – ‘DIRECT TO REGION’

The following sports allow students to attend the regional trial directly from school without having to be selected in a district team first.

SPORT	Age & Gender	SPORT	Age & Gender
<b>Baseball</b>	<b>12-14 yrs</b>	Hockey	13-15 yrs Boys & Girls
Baseball	15-19 yrs	Hockey	16-19 yrs Boys & Girls
Baseball	13-19 yrs Girls	<b>Netball</b>	<b>10-12 yrs Boys</b>
Basketball	17-19 yrs Girls	Rugby League	13-14 yrs Girls
<b>Cricket</b>	<b>10-12 yrs Girls</b>	Rugby League	15-16 yrs Girls
Cricket	13-14 yrs Boys & Girls	Rugby League	17-18 yrs Girls
Cricket	15-19 yrs Boys & Girls	Rugby Union	17-18 yrs Boys
Football	16-19 yrs Girls	Rugby Union 7s	15-16 yrs Girls
Football	16-19 yrs Boys	Rugby Union 7s	17-18 yrs Girls
Futsal	13-14 yrs Girls	Softball	13-19 yrs Boys & Girls
Futsal	15-16 yrs Girls	<b>Squash</b>	<b>10-19 yrs Boys &amp; Girls</b>
<b>Golf</b>	<b>10-19 yrs Boys &amp; Girls</b>	Tennis	13-19 yrs Boys & Girls
<b>Hockey</b>	<b>10-12 yrs Boys &amp; Girls</b>	Water Polo	15-18 yrs Boys & Girls

### Nomination Process:

1. Students must collect the *regional trial notice* and *consent booklet* from their School Sport Coordinator.
2. Register online using the regional trial specific QR code by the closing time and date. **NO ONLINE REGISTRATION = NO TRIAL**
3. Complete the *regional trial consent booklet* and make sure that it is signed by a parent or carer and authorised school delegate.
4. Pay the regional trial levy at the regional online shop located at [sunshinesport.eq.edu.au](https://sunshinesport.eq.edu.au). Bring a copy of your payment receipt to the regional trial.
5. Hand in your *consent booklet* to the regional officials when you check in at the regional trial. **NO FORMS = NO TRIAL**

SPORT	Age & Gender
<b>Aquathlon</b>	<b>11-12 yrs Boys &amp; Girls</b>
Triathlon	13-19 yrs Boys & Girls
Netball	13-15 / 16-19 yrs Boys

### Nomination Process:

These specific sports are conducted by either Queensland Representative School Sport or a sports organisation. Visit the Sunshine Coast School Sport website to view the specific regional trial notice. Follow the instructions to register and attend these trials.

SCHOOL SPORT COORDINATOR: Christina Fiducioso

LOCATION: HPE Staffroom - Performing Arts Block (PA)